



Building Healthy Academic Communities National Summit

Join some of the nation's brightest minds, expert practitioners and impactful motivational speakers at *Riding the Waves of Wellbeing*, the sixth biennial national summit for the National Consortium for Building Healthy Academic Communities (BHAC). This event takes place from April 19-21, 2023, at the University of North Carolina at Wilmington.

The summit will welcome leaders, influencers and change agents to discuss evidence-based strategies to increase wellness habits and inspire people to develop and practice balanced lifestyles on academic campuses.



Chris Nikic



Nik Nikic



Abdul El-Sayed



Sheri Shaw



David Feldman



Bernadette Melnyk

FEATURED SPEAKERS

- **Chris and Nik Nikic** | Founders of 1% Better Challenge
- **Abdul El-Sayed, MD, DPhil** | Harry A. and Margaret D. Towsley Foundation Policymaker in Residence, University of Michigan's Gerald R. Ford School of Public Policy
- **Sheri Shaw, MEd** | Assistant Dean for Student Success and Academic Advising for the College of Health and Human Services (CHHS) at the University of North Carolina Wilmington (UNCW)
- **David Feldman, PhD** | J. Thomas and Kathleen L. McCarthy Professor at Santa Clara University
- **Bernadette Melnyk, PhD, APRN-CNP, FAANP, FNAP, FAAN** | Vice President for Health Promotion and University Chief Wellness Officer at the Ohio State University

A variety of preconference workshops are available.



For more information about the summit including rates, speakers and to register, please visit the summit website: go.osu.edu/bhacsummit

